July 2016 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
~ 1	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast
Agh	9:10 Yoga	9:10 Stretch	9:10 Stretch	9:10 Stretch
7	9:30 "Morning	9:30 "Morning	9:30 "Morning	9:30 "Morning
A TOTAL	Meeting"	Meeting"	Meeting"	Meeting"
	10:00 Community	10:00 Community	10:30 Line Dancing	10:00 Cooking Class
	Integration	Integration	11:00 Pre-Vocational	11:00 Review
	11:00 Pre-Vocational	11:00 Computer Skills	Skills	information from past
	Skills	Class	12:00 Activities of	week
	12:00 Cognitive	12:00 Cognitive	Daily Living	12:30 Lunch
	Development	Development	12:30 Lunch	1:00 "Goodbye
	12:30 Lunch	12:30 Lunch	1:00 "Goodbye	Gathering
	1:00 "Goodbye	1:00 "Goodbye	Gathering"	
	Gathering"	Gathering"		
11	12	13	14	15
8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast
9:10 Yoga	9:10 Stretch	9:10 Stretch	9:10 Stretch	9:10 Stretch
9:30 "Morning	9:30 "Morning	9:30 "Morning	9:30 "Morning	9:30 "Morning
Meeting"	Meeting"	Meeting"	Meeting"	Meeting"
10:00 Community	10:00 Community	10:00 Off-Site	10:30 Line Dancing	10:00 Cooking Class
Integration	Integration	Volunteering	11:00 Pre-Vocational	11:00 Review
11:00 Pre-Vocational	11:00 Computer Skills	12:30 Lunch	Skills	information from past
Skills	Class	1:00 "Goodbye	12:00 Activities of	week
12:00 Cognitive	12:00 Cognitive	Gathering"	Daily Living	12:30 Lunch
Development	Development		12:30 Lunch	1:00 "Goodbye
12:30 Lunch	12:30 Lunch		1:00 "Goodbye	Gathering
1:00 "Goodbye	1:00 "Goodbye		Gathering"	
Gathering"	Gathering"			
18	19	20	21	22
8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast
9:10 Yoga	9:10 Stretch	9:10 Stretch	9:10 Stretch	9:10 Stretch
9:30 "Morning	9:30 "Morning	9:30 "Morning	9:30 "Morning	9:30 "Morning
Meeting"	Meeting"	Meeting"	Meeting"	Meeting"
10:00 Community	10:00 Community	10:00 Off-Site	10:30 Line Dancing	10:00 Cooking Class
Integration	Integration	Volunteering	11:00 Pre-Vocational	11:00 Review
11:00 Pre-Vocational	11:00 Computer Skills	12:30 Lunch	Skills	information from past
Skills	Class	1:00 "Goodbye	12:00 Activities of	week
12:00 Cognitive	12:00 Cognitive	Gathering"	Daily Living	12:30 Lunch
Development	Development		12:30 Lunch	1:00 "Goodbye
12:30 Lunch	12:30 Lunch		1:00 "Goodbye	Gathering
1:00 "Goodbye	1:00 "Goodbye		Gathering"	
Gathering" 25	Gathering" 26	27	28	29
8:30 Breakfast		8:30 Breakfast		8:30 Breakfast
9:10 Yoga	8:30 Breakfast 9:10 Stretch	9:10 Stretch	8:30 Breakfast 9:10 Stretch	9:10 Stretch
9:30 "Morning	9:30 "Morning	9:30 "Morning	9:30 "Morning	9:30 "Morning
Meeting"	Meeting"	Meeting"	Meeting"	Meeting"
10:00 Community	10:00 Community	10:00 Off-Site	10:30 Line Dancing	10:00 Cooking Class
Integration	Integration	Volunteering	11:00 Pre-Vocational	11:00 Review
11:00 Pre-Vocational	11:00 Computer Skills	12:30 Lunch	Skills	information from past
Skills	Class	1:00 "Goodbye	12:00 Activities of	week
12:00 Cognitive	12:00 Cognitive	Gathering"	Daily Living	12:30 Lunch
Development	Development		12:30 Lunch	1:00 "Goodbye
12:30 Lunch	12:30 Lunch		1:00 "Goodbye	Gathering"
1:00 "Goodbye	1:00 "Goodbye		Gathering"	
Gathering"	Gathering"			

July 2016 Schedule

Week 1 Skills:

- Pre-Vocational
 - Goal Setting
 - Computer Skills
- Community Integration
 - Introducing ourselves and others
 - Appropriate and Inappropriate information to share, questions to ask
 - o Volunteering
- ADL
 - Getting Here On Time getting up, getting dressed, getting ready
 - Cooking class
- Cognitive
 - o Memory Games
 - o Word Puzzles

Week 2 Skills:

- Pre-Vocational
 - Identifying Skills
 - o Responsibilities, Obligations
 - o Computer Skills
- Community Integration
 - o Talking about Ourselves
 - o Making Conversation
 - Volunteering
- ADL
 - o Telling Time
 - o Reading a Calendar
 - Cooking class
- Cognitive
 - Memory Games
 - Word Puzzles

Week 3 Skills:

- Pre-Vocational
 - Listing to instructions, following directions
 - Computer Skills
- Community Integration
 - Relationships—Friends/family vs. strangers vs. professionals
 - o Personal space
 - Volunteering
- ADL
 - o Reading a map
 - Cooking class
- Cognitive
 - o Memory Games
 - o Word Puzzles

Week 4 Skills:

- Vocational
 - o Appropriate Dress
 - Computer Skills
- Community Integration
 - Relationships—Friends/family vs. strangers vs professionals
 - Personal space
 - Volunteering
- ADL
 - o "How To: Go Out To Lunch"
 - Cooking class
- Cognitive
 - o Memory Games
 - Word Puzzles